



Footsteps on the Path



**Christmas Party
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**Jackie in Zambia
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Participation Path Meeting in Carmarthen

See article and path on pages 3,4 & 5



**Ross' Dreams
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Census



Census 2011

**A Census is a count of everyone living in Britain.
There is one every 10 years.
There will be a Census this year.**

**Every house will have a Census questionnaire to fill in.
The form will ask about people living in the house.**

All this information about people will help the government and local authorities when they plan for things like housing, healthcare and transport.

Census Day is March 27 2011.

The questionnaire needs to be filled in around about this date.

**Every house will be sent a Census questionnaire in the post.
You can fill in this questionnaire . Or if you have a computer you can fill it in on-line.**

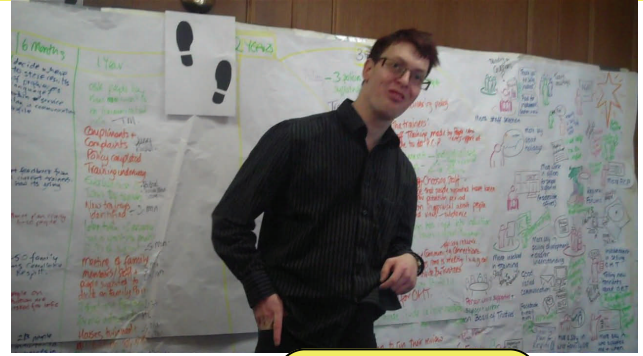
There will be instructions about how to fill in the Census questionnaire.

Your staff will also have instructions about how to support you to fill in the Census questionnaire.

Participation Path



The Finished Path



**Tim Davies
at the
meeting**

Participation Path

Last winter we started work on our Participation Path. This will show how people will take part in OHT.

We had meetings in all regions where everyone had the chance to say how they thought they could take part.

Our Participation Path shows what we will be doing straight away, in 6 months, in 1 year and then in 3 years.

Take a look at our colourful Participation Path on the next page.

We now have representatives from each region.

These people will be meeting together for the first time on April 14.

There will be people from our Board of Trustees there as well.



Gathering information for the path



**Where our
footsteps will
take us**

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Forward Together

1 steps 6 months 1yr

Positive & Possible Goals
3 years

Ask people the questions in the survey - RS
Complete the training packs - RS + JH
Everyone delivers training
Train 6 managers + 6 people who are supported in a plan
Contact identified families - Annette + team
Agree keypoints for everyone to comment on with original people involved - Jan, Liz, Janet
Identify houses to be twinned - SMs
Regional meetings in all areas - 6-8 wks - choose people + topics - SMs
CCX meeting - 3 months - Richard + Cathy
Zeps from regional meetings
Sign up as OTR group - Alex + 1
Check progress

Decide how to store results of language preferences
Communication Profile in service plan - Alex
Review the training for staff for people supported - RS, JA, Alison, Paul, Jan
Get feedback from all current trainers on how its going - RS
A planet plan ready for 6-10 people - SM
40-50 family plans completed for respite OTR meet to decide on family plans - Annette + team
All people on probation are asked for info - Jan, Liz, Janet
2/3 people inducted in 2 houses in each area

Ask people how they want to be communicated with - TM
Compliments + Complaints policy completed - RS
Training underway
Evaluation of train the Trainers - SM
New trainers identified

Identify if anyone has a planet plan ready or wants to make DVD of support - SM
Families, people supported + OTR meet to decide on family plans - SM + RM
Probation + Appraisal forms adjusted - Liz + HR

Houses twinned + induction adjusted - SM + RM
2 Regional forums held
2 Community Connects meetings held
1 OTR meeting held + Bot reps chosen - Tracy + team
Facebook page + training plan in place - Alex
DVD + guidance on house meetings

Everyone receiving information in their chosen way
People involved in Policy Training
2 x Train the Trainers
Training other people in PCP
DVD for staff training made by people who are supported
Individualised Family Plans
- Family members
- Staff of OTR
- People receiving support
People involved in choosing staff - probation period
People supported have input into info on induction
Houses twinned + induction adjusted - SM + RM
2/3 houses 'twinned' to ease redeployment
Regional forums - meeting 4 times
Community Connects - CCX a year
2 Representatives from regions meet 1 a year with Board of Trustees members
Staff Participation Strategy
FaceBook page for OTR
Everyone offered a plan to run their review meetings / tell everyone what is important to them
DVD on good meetings incl people who are supported acting as chair person - upgrade guide to house meetings

Thank You for being involved
Paid
More Staff Selected
more say on holidays
for people
Good Varied, Community - facebook - text - email - CDs
Family Plan for Respite Asked
Better
More at + running + multi-di
Informal get together
choose w in room or respite

Party



Ross, Eirion, Alwyn and Non's Christmas Party

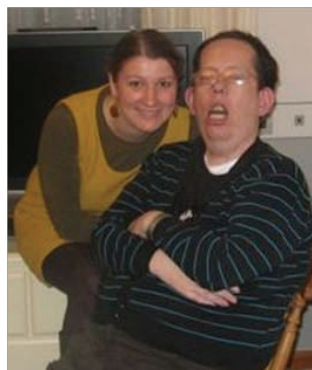
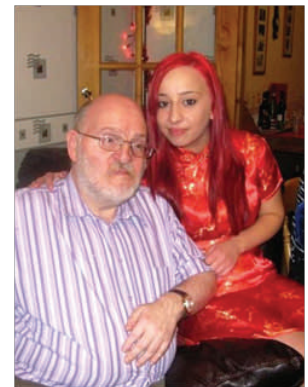
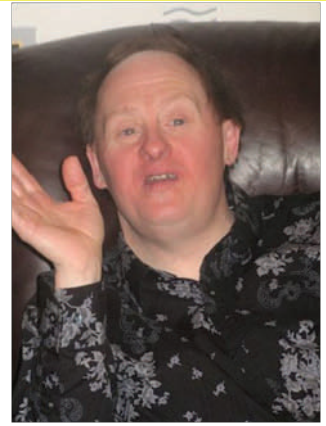
We had a Christmas Party at our house. We made the invitations ourselves and sent them off to our family and friends. We shopped for nice party food and had the decorations all ready in time for everyone arriving.

It was a busy day!

Lots of people came. There were sisters, uncles and aunts, nieces, cousins and lots of friends. The house was full!

We played music and some people danced. We played some party games and Dave did some magic tricks.

It was really nice to have a get together. Everyone had a really good time.



People enjoying the party

OHT

FRIENDS

Travel

Jackie Minchin visits Zambia

I went to a conference in Zambia. Zambia is a country in the middle of Africa.

The conference was about the importance of working. I talked about my job in the office of Penglais Comprehensive School in Aberystwyth. I said how much I enjoyed it. After my talk I answered questions.



Jackie trying the local beer

We stayed in a really fancy hotel. It was really hot and I went swimming in the outdoor pool everyday. There was lots of lovely food and I tried African beer.

I saw so many different things and met many interesting people.

I was glad to tell everyone how important my work is to me.



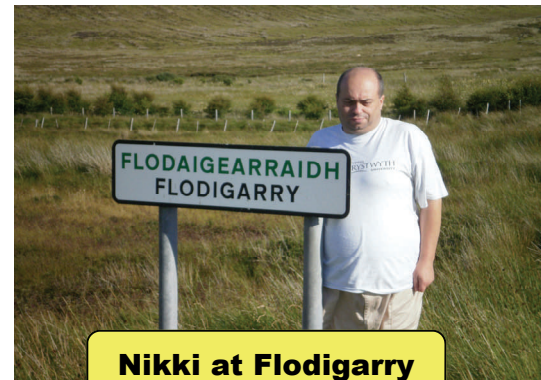
Jackie at the conference

Nikki Higgs visits Scotland

Last August, with support from staff, I took a weeks holiday in Scotland.

I travelled to Glasgow by train then we hired a car and crossed over to Skye by ferry.

Then we caught another ferry over to North Uist.



Nikki at Flodigarry

I love folk music, in particular the singer Julie Fowlis. She comes from North Uist. The best part of my visit was to stay with Julie's aunt who has a bed and breakfast on the island.

This picture shows me standing at the road sign for Flodigarry. I remember a song about Flodigarry from my childhood so I really wanted to visit that place.

Hobbies



Ross King's Dream

My name is Ross King and I live in Llanilar, West Wales. I am interested in steam trains. I enjoy travelling on them and I have been on train holidays. My father used to enjoy model making and I would like to have a model train set.

I spoke to my support staff. We think the best option would be for me to have a garden shed where I could have my train set ready to use all the time.

We have discussed it with my Case Manager and with the Housing Association and we sent them some plans showing what I would like. I am waiting to hear from them and would like to have things ready for the summer.

I will let you know how I get on.

ROSS



Ross with a Steam train

OHT

FRIENDS

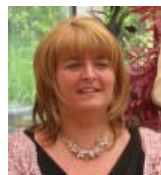
CONTACT US

WITH YOUR STORIES AND PICTURES

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